



5300 Sunset Blvd.
in Lexington
803-359-2920
www.14Carrot.net



December 28th - January 31st

Happy
New Year



Since 1947
VITAMIN AND HERB



20%off

20% off

20%off



Hyland's
Cold 'n Cough 4 Kids
Nighttime
4 fl oz Reg: \$12.65

\$9.99



Hyland's
Baby Tiny Cold Tablets
125 tab Reg: \$16.99

\$14.99



Hyland's
Kids Cough & Mucus
Daytime or Nighttime
Grape
4 fl oz Reg: \$11.49

\$9.99



Zand Lozenges
Assorted Flavors
18-ct Reg: \$4.49

\$3.99



20%off





David's

Mouthwash Refill Kit
With Hydroxyapatite
Mint

20 oz Reg: \$13.79

\$9.99



Shikai Products

Borage Therapy Lotion
Advanced Formula
8 fl oz Reg: \$15.99

\$12.99



Shikai Products

Borage Therapy Hand
Cream
Unscented

2.5 oz Reg: \$8.49

\$6.99



Spectrum Essentials

Organic Unrefined Coconut
Oil Body Cream

15 fl oz Reg: \$11.99

\$7.99



Sukin

Deep Cleanse Shampoo or
Conditioner

16.9 fl oz Reg: \$9.99

\$7.79



Silver Hills Bakery

Little Big Bread

15 oz Reg: \$5.25

\$3.49



Base Culture

Gluten Free Bread
Assorted Varieties

16 oz Reg: \$10.39

\$6.79



Little Northern Bakehouse

Gluten Free Bread

Whole Grain Wide Slice

20 oz Reg: \$7.49

\$5.79



Little Northern Bakehouse

Gluten Free Bread

Millet & Chia or Seeds & Grains

16 oz Reg: \$6.89

\$4.79



Cascadian Farm

Organic Blueberries,
Harvest Berries, or Peaches

8 oz Reg: 6.49

\$2.79



Cascadian Farm

Organic Frozen Sweet
Corn or Green Beans

16 oz Reg: \$5.19

\$3.29



Cascadian Farm

Organic Frozen Sweet
Peas or Chinese Stir-Fry

10 oz Reg: \$4.79

\$2.49

Earthbound Farm

Organic Frozen Vegetables
Whole Green Beans or
Butternut Squash
10 oz Reg: \$3.59

\$2.29



Annie's Homegrown

Mini Pizza Bagels
Three Cheese
6.65 oz Reg: \$7.09

\$4.29



Annie's Homegrown

Pizza Poppers
Three Cheese or Pepperoni
6.8 oz Reg: \$5.89

\$3.49



Epic

Assorted Bars
1.5 oz Reg: \$3.39

\$1.79



Epic

Maple Bacon Cracklings or
Texas BBQ or Cracked Pepper
& Sea Salt Pork Rinds
2.5 oz Reg: \$4.29

\$2.79



Epic

Bison Bacon Bites or
Salmon & Maple Bites
2.5 oz Reg: \$7.69

\$4.79



Chomps

Beef Stick
Assorted Varieties
1.15 oz Reg: \$2.39

2/\$4



Annie's Homegrown

Organic Chewy Granola Bars
Chocolate Chip
5.34 oz Reg: \$6.25

\$3.79



Think!

Keto Protein Bar
Assorted Flavors
1.41 oz Reg: \$2.79

2/\$4



Munk Pack

Nuts & Seeds Bar
Caramel Sea Salt or Sea
Salt Dark Chocolate
1.23 oz Reg: \$2.29

2/\$3



Munk Pack

Keto Granola Bar
Almond Chocolate Chip or
Coconut Cocoa Chip
4/1.12 oz Reg: \$6.79

\$4.79



Hippeas

Chickpea Puffs
Assorted Flavors
4 oz Reg: \$4.09

\$2.99





Skinnypop Popcorn

All Natural Popcorn
4.4 oz Reg: \$4.89

\$3.29



Artisan Tropic

Plantain Strips Sea Salt
or Naturally Sweet
4.5 oz Reg: \$4.89

\$3.99



Nuco

Organic Coconut Wraps
Original, Turmeric, or
Moringa
2.47 oz Reg: \$8.89

\$5.99



Bear

6 pk Fruit Rolls
Tropical Mix
8.4 oz Reg: \$5.49

\$3.79



Magic Spoon

Cocoa Cereal
7oz Reg: \$9.19

\$6.49



Mi-del

Ginger Snaps or GF
Ginger Snaps
10 oz Reg: \$5.15

\$3.79



Wedderspoon

100% Raw Honey
Manuka KF16
17.6 oz Reg: \$49.39

\$34.99



Wedderspoon

Raw Monofloral
Manuka Honey
8.8 oz Reg: \$47.79

\$18.99



Wedderspoon

100% Raw Manuka
Honey KFactor 16
8.8 oz Reg: \$29.49

\$18.99



Wedderspoon

Manuka Honey
100% Raw & Kfactor 16
11.5 oz Reg: \$36.99

\$26.99



Wedderspoon

Manuka Honey Monofloral
KFactor 16
12 oz Reg: \$40.39

\$27.99



Wholesome

Organic Honey
16 oz Reg: \$10.79

\$7.99



Lakanto

Sweetener Golden
Monkfruit
3.17 oz Reg: \$4.89

\$3.79



Lakanto

Sweetener Pouch
Classic or Golden Fruit
8.29 oz Reg: \$6.09

\$4.79



Lakanto
Monkfruit Sweetener
Liquid
1.85 fl oz Reg: \$12.09
\$8.99



Lakanto
Monkfruit Sweetener
Powdered
1 lb Reg: \$12.19
\$9.99



Lakanto
Mixed Candied Nuts
Maple Glazed
8 oz Reg: \$10.39
\$7.99



Santa Cruz
Organic Apple Sauce
Cups
6/4 oz Reg: \$5.59
\$3.79



Santa Cruz
Organic Juice
Pure Lemon or Pure Lime
16 fl oz Reg: \$5.99
\$3.49



Stash Tea
Assorted Flavors &
Varieties
20 bag Reg: \$4.39
\$2.99



Jade Leaf Organics
Tea Mix Matcha Latte
3.5 oz Reg: \$8.49
\$6.79



Divina
Stuffed Dolmas
Grape Leaves
7oz Reg: \$4.49
\$2.99



Lucini
Italia Extra Virgin
Olive Oil
17 fl oz Reg: \$20.09
\$12.99



Lucini
Italia Gran Reserve
Balsamic Vinegar
8.5 fl oz Reg: \$16.59
\$9.99



Lucini
Italia Extra Virgin
Olive Oil
1 ltr Reg: \$26.39
\$19.99

**Banza**

Chickpea Pasta Rotini
8 oz Reg: \$4.99

\$3.29**A Dozen Cousins**

Beans Assorted Varieties
10 oz Reg: \$3.69

\$2.79**Fody Food Company**

Pasta Sauce Marinara or
Tomato Basil
19.4 oz Reg: \$8.39

\$6.29**Fody Food Company**

Salsa Medium or Verde
16 oz Reg: \$6.09

\$4.29**Fody Food Company**

Sensitive Recipe Ketchup
8.5 oz Reg: \$6.19

\$4.49**Frontera Foods**

Medium Salsa
Tomatillo
16 oz Reg: \$4.59

\$3.29**Frontera Foods**

Taco Skillet Sauce
Ground Beef
8 oz Reg: \$2.69

\$1.79**Nutiva**

100% Organic Extra
Virgin Coconut Oil
14 oz Reg: \$11.49

\$9.99**Nutiva**

Organic Coconut Oil
Refined
23 fl oz Reg: \$13.89

\$8.49**Nutiva**

Organic Coconut Manna
Coconut Butter
15 oz Reg: \$17.79

\$8.99**Nutiva**

Organic Coconut Oil
Virgin
23 oz Reg: \$16.19

\$11.99



Organicville

Organic Stone
Ground Mustard
12 oz Reg \$3.89

\$2.79



Organicville

Organic Vinaigrette
Assorted Flavors
8 oz Reg: \$4.69

\$3.49



Organicville

Organic Ketchup
24 oz Reg: \$5.49

\$3.99



Simply Organic

Organic Cinnamon
2.45 oz Reg: \$5.89

\$3.99



Simply Organic

Organic Cinnamon
Sticks
1.13 oz Reg: \$6.79

\$4.79



Simply Organic

Organic Ceylon
Cinnamon
2.08 oz Reg: \$7.79

\$6.29



Simply Organic
Organic Vanilla Extract
2 fl oz Reg: \$14.19

\$10.89



Simply Organic
Organic Vanilla Extract
4 fl oz Reg: \$24.59

\$18.99



Simply Organic

Seasoning Mixes
Ranch or French Onion
1 oz Reg: \$1.79

\$1.39



Simply Organic

Organic Spice
Black Pepper
2.31 oz Reg: \$6.79

\$4.49



Simply Organic

Organic Black
Peppercorns
2.65 oz Reg: \$5.89

\$3.99



Simply Organic

Organic Cumin
2.31 oz Reg: \$5.89

\$4.29



Simply Organic

Organic Garlic Powder
3.64 oz Reg: \$5.99

\$5.29



Simply Organic

Organic Ground Ginger
1.64 oz Reg: \$5.89

\$3.99



Simply Organic

Organic Turmeric
2.38 oz Reg: \$5.29

\$3.49



Simply Organic

Organic Crushed Red
Pepper
1.59 oz Reg: \$5.19

\$3.49



Simply Organic

Organic Spice
Chili Powder
2.89 oz Reg: \$5.89

\$4.29



Simply Organic

Organic Curry Powder
3 oz Reg: \$5.89

\$3.99



Simply Organic

Organic Five Spice
Powder
2.01 oz Reg: \$5.89

\$4.79



Simply Organic

Organic Chipotle
Powder
2.65 oz Reg: \$7.79

\$5.29



Bulk Organic Pumpkin Seeds

#3796 Reg: \$7.39/lb

\$3.99/lb



Bulk Organic Chia Seeds

#3925 Reg: \$5.79/lb

\$3.99/lb



Bulk Organic Split Red Lentils

#3155 Reg: \$2.99

\$2.09/lb



Bulk Organic Chickpeas

#3060 Reg: \$3.29/lb

\$2.29/lb



Bulk Organic Amaranth

#3918 Reg: \$3.79/lb

\$2.69/lb



Bulk Organic Medjool Dates

#3657 Reg: \$9.59/lb

\$6.69/lb



Bizzy

Organic Cold Brew Coffee
Breakfast Blend or
Espresso Blend
48 oz Reg: \$7.89

\$5.49



Pop & Bottle

Organic Almond Latte
Matcha Green Tea
11 fl oz Reg: \$3.99

\$2.79



Califia Farms

Organic Almondmilk
Unsweetened or Vanilla
48 fl oz Reg: \$6.99

\$4.89



Califia Farms

Organic Coconutmilk or
Oatmilk, Unsweetened
48 oz Reg: \$7.49

\$5.19



Califia Farms

Organic Almond Creamer
Brown Sugar
25.4 fl oz Reg: \$7.19

\$4.99



GT's CocoYo

CocoYo Varieties
Assorted Flavors
8 fl oz Reg: \$6.99

\$4.99



Happy Baby

Organic Baby Gentle
Teethers
Assorted Flavors
1.7 oz Reg: \$6.99

\$4.79



Silk

Organic Soymilk
Unsweetened
64 floz Reg: \$6.79

\$4.79