



5300 Sunset Blvd.
in Lexington
803-359-2920
www.14Carrot.net



September 26th - October 31st

purely
elizabeth.

15%off

A Dozen Cousins

Beans
Assorted Varieties
10 oz Reg: \$3.69-\$4.09



\$2.99

Beyond Good

Organic Uganda
Chocolate Bar
Salted Caramel
2.64 oz Reg: \$5.39



\$4.29

Bigelow

Herbal Tea
Assorted Varieties
18 bag Reg: \$4.09



\$3.29

Birch Benders

Keto Pancake &
Waffle Mix
10 oz Reg: \$9.09



\$7.29



15%off

Back To Nature

Mini Crackers
Garlic & Herb or Sour
Cream & Onion
5 oz Reg: \$4.49



\$3.59

Beyond Good

Organic Pure Ground
Vanilla Powder
1 oz Reg: \$17.25



\$13.79

Bigelow Botanicals

Cold Infusion Botanical
Peach Lemonade Tea
18 bag Reg: \$4.19



\$3.19

Birch Benders

Plant Protein Pancake
& Waffle Mix
14 oz Reg: \$7.49



\$5.99

think!
20%off

Barbara's

Cheese Puffs
Original or Jalapeno
7 oz Reg: \$3.89



\$3.09

Biena

Chickpea Snacks
Sea Salt
5 oz Reg: \$5.39



\$4.29

Bionaturae

100% Organic
Tomato Paste
7 oz Reg: \$2.99



\$2.29

Birch Benders

Gluten Free or Paleo
Pancake & Waffle Mix
14 oz Reg: \$7.69



\$6.19

Birch Benders

Organic Pancake &
Waffle Mix
16 oz Reg: \$6.29

\$5.09



Bobo's Oat Bars

All Natural Gluten Free
Coconut Oat Bars
3 oz Reg: \$2.89

\$2.29



Catalina Crunch

Keto Cereals
Assorted Varieties
8 oz Reg: \$8.79

\$7.09



Catalina Crunch

Snack Mix
Assorted Varieties
6 oz Reg: \$6.59

\$5.29



ChuaO Chocolatier

Chocolate Bar
Potato Chip or Oh My
S'mores
2.8 oz Reg: \$5.69

\$4.59



Craize

Cracker Crisps
Guava
4 oz Reg: \$4.59

\$3.69



Epic

Snack Bites
Assorted Varieties
2.5 oz Reg: \$7.69

\$5.79



Epic

Pork Rinds or Cracklings
Assorted Flavors
2.5 oz Reg: \$4.29

\$3.19



Epic

Bar
Assorted Varieties
1.3 oz Reg: \$3.39

\$2.59



Epic

Bone Broth
Jalapeno Beef or Savory
Chicken
14 fl oz Reg: \$6.79-\$7.19

\$5.39



Essentia Water

Ionized Alkaline Water pH 9.5
1 ltr or 1.5 ltr Reg: \$2.65-\$2.99

\$2.19



Eternal

Naturally Alkaline
Spring Water
1.5 ltr Reg: \$2.69

\$2.19



Farmer's Market

100% Organic Pumpkin or
Butternut Squash Puree
15 oz Reg: \$3.79-\$3.89

\$3.09



Farmer's Market

100% Organic Sweet
Potato Puree
15 oz Reg: \$4.19

\$3.39



Frontera Foods

Taco Skillet Sauce
Ground Beef
8 oz Reg: \$2.69

\$2.19



Fruit Bliss

100% Organic Dried
Turkish Figs or Tart
Cherries
5 oz Reg: \$6.39



\$5.79

Glutino

Pretzel Sticks
Family Size
14.1 oz Reg: \$7.09



\$5.69

Glutino

Chocolate Chip Cookies
8.6 oz Reg: \$6.69



\$5.39

Hippeas

Chickpea Puffs
Vegan White Cheddar
or Bohemian BBQ
4 oz Reg: \$4.19



\$3.39

Kevin's Natural Foods

Simmer Sauce Pouches
Assorted Varieties
7 oz Reg: \$4.39



\$3.69

Lifeaid Beverage Co.

FITAID and RX ZERO
Assorted Varieties
12 fl oz Reg: \$2.99



\$1.99

Made Good

Organic Granola Bars or
Squares
Assorted Varieties
6/8.5 oz Reg: \$4.49-\$5.09



\$3.99

Made Good

Organic Granola Bites
Strawberry or Chocolate Chip
5/8.5 oz Reg: \$4.19



\$3.59

Made Good

Organic Soft Baked Mini Cookies
Chocolate Chip or Snickerdoodle
4.25 oz Reg: \$4.09



\$3.59

Maille

Old Style Whole
Grain Mustard



\$4.99

Mavuno Harvest

Organic Dried Mango or
Pineapple Dark Chocolate
Dipped
3 oz Reg: \$4.39-\$4.69



\$3.49

Milkadamia

Macadamia Nut Milk
Assorted Varieties
32 fl oz Reg: \$5.79



\$4.59

Miss Jones Baking Co

Organic Vanilla Cake Mix
15.87 oz Reg: \$8.29



\$5.29

Miss Jones Baking Co

Organic Frosting
Assorted Flavors
320 grm Reg: \$7.69



\$4.99

Miss Jones Baking Co

Monster Cookie Mix
10.57 oz Reg: \$6.19



\$4.29

Ocean's Halo

Organic Ramen
Noodles
8.4 oz Reg: \$4.99

\$3.79



OWYN

Only What You Need

Plant-Based Protein Shake
Assorted Flavors
12 fl oz Reg: \$3.89

\$2.49



Pirate's Booty

Pirate's Booty Puffs
Aged White Cheddar
4 oz Reg: \$3.79

\$2.49



Quinn

Pretzels
Classic Sea Salt
7 oz Reg: \$4.19

\$2.99



Quinn

Filled Pretzel Nuggets
Assorted Varieties
5.8 oz Reg: \$5.49

\$3.99



San-J

Organic Tamari Soy
Sauce
10 fl oz Reg: \$5.59

\$4.49



San-J

Regular or Reduced
Sodium Tamari
10 fl oz Reg: \$4.89-\$5.19

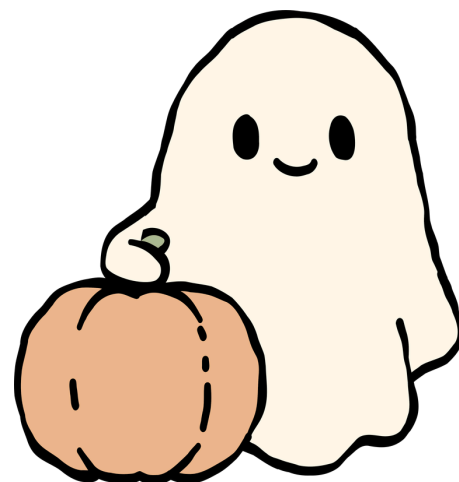
\$3.79



Simple Mills

Soft Baked Bars
Dark Chocolate Almond or
Nutty Banana Bread
5.99 oz Reg: \$5.89

\$3.99



Canyon Bakehouse

Gluten Free Bread or Bagels
Assorted Varieties
18 oz Reg: \$7.59-\$9.29

\$6.99



Kevin's Natural Foods

Frozen Bowls
Korean Style BBQ or Orange
Chicken
9.5 oz Reg: \$6.69

\$5.69



Live Pacha

Organic Buckwheat
Sourdough Bread or
English Muffins
22 oz Reg: \$8.69

\$6.99



Wild Wonder

Prebiotic + Probiotic
Sparkling Drink
Assorted Flavors
12 fl oz Reg: \$3.29

\$2.29



Remedy Organics

Organic Plant Protein
Chocolate Drink
12 fl oz Reg: \$5.29

\$3.69



Remedy Organics

Organic Protein Drink
Assorted Flavors
12 floz Reg: \$5.19

\$3.59





Organic Tri-Color Quinoa

#301965 Reg: \$4.39/lb

\$3.09/lb



Organic Hulled Millet

#3104 Reg: \$2.65/lb

\$1.85/lb



Organic Yellow

Popping Corn

#31134 Reg: \$2.69/lb

\$1.89/lb



Organic Pistachios

Roasted & Salted

#4045 Reg: \$12.19/lb

\$8.49/lb



Organic Dark Chocolate Chips

#3988 Reg: \$18.09/lb

\$12.69/lb



Greenfield Natural Meat Co.

Lunch Kit

Assorted Varieties

2.9 oz Reg: \$3.69

\$2.59



Honey Mama's

Chocolate Fudge Bar

Assorted Varieties

2.5 oz Reg: \$5.39

\$3.79



Mid-Day Squares

Functional Chocolate Bar

Assorted Flavors

1.16 oz Reg: \$2.45

\$1.69



Malk

Organic Non-Dairy Milk

Assorted Varieties

28 fl oz Reg: \$6.99

\$4.89



Malk

Organic Soy Milk

28 fl oz Reg: \$6.69

\$4.69



Maple Hill Creamery

Organic Cream on Top

Plain Yogurt

32 oz Reg: \$7.99

\$5.59



Maple Hill Creamery

Organic Greek Yogurt

Plain or Vanilla

16 oz Reg: \$8.29

\$5.79



Maple Hill Creamery

Organic Plain Unsweetened

Whole Milk Kefir

32 oz Reg: \$7.99

\$5.59





20%off



20%off



20%off



20%off

Crystal

Crystal Body Deodorant
Travel Stick
1.5 oz Reg: \$3.49

\$2.79



Crystal

Magnesium Enriched Deodorant
Stick Lavender & Rosemary or
Charcoal & Tea Tree
2.5 oz Reg: \$10.99

\$7.99



Crystal

Mineral Unscented
Deodorant Stick
4.25 oz Reg: \$6.79

\$5.29



Crystal

Mineral Deodorant Roll-On,
Stick, or Spray
Assorted Varieties
2.25 fl oz Reg: \$5.19-\$5.29

\$4.29



Dr. Tung's

Smart Floss or
Activated Charcoal Floss
30 yd Reg: \$5.99

\$4.29



Dr. Tung's

Tongue Cleaner
1 ct Reg: \$8.25

\$7.49



The Honey Pot

Sensitive Foaming
Wash or Wipes
5.51 fl oz Reg: \$11.59

\$8.49



Life Flo

Pure Magnesium Oil
Spray
8 fl oz Reg: \$13.89

\$10.99



Life Flo

Magnesium Lotion
Vanilla or Unscented
8 oz Reg: \$10.49

\$9.99



The Organic Skin Co.

Vitamin Sea Cleanser
1 fl oz Reg: \$34.99

\$29.99



The Organic Skin Co.

Dream Cream Moisturizer
1.7 fl oz Reg: \$29.99

\$24.99

