



5300 Sunset Blvd.  
in Lexington  
803-359-2920  
www.14Carrot.net



January 31<sup>st</sup> - February 28<sup>th</sup>



**Bigelow Tea**  
Ginger & Peach  
Calm Stomach  
18 bag Reg: \$4.09

**\$2.49**



**Teecino**  
Herbal Coffee  
Assorted Flavors  
11 oz Reg: \$12.49

**\$9.99**



**Q Mixers**  
Assorted Varieties  
4/6.7 fl oz Reg: \$9.09

**\$5.99**



**Unique Pretzels**  
Sprouted Pretzel Puffs  
100% Whole Grain  
8 oz Reg: \$5.29

**\$3.79**



**Unique Pretzels**  
Pretzel Shells  
All Natural  
10 oz Reg: \$4.19

**\$2.99**



**Simply Gum**  
Mints  
Ginger or Peppermint  
30 ct Reg: \$3.39

**\$2.29**



**Glutino**  
Pretzel Sticks  
Family Size  
14.1 oz Reg: \$7.09

**\$4.49**



**Glutino**  
Chocolate Chip  
Cookies  
8.6 oz Reg: \$6.19

**\$3.79**



**Primal Kitchen**  
Plant Based Dip  
Queso Style or Spicy  
Queso Style  
11.5 oz Reg: \$8.59

**\$5.49**



**Kevin's Natural Foods**  
Simmer Sauce Pouches  
Assorted Varieties  
7 oz Reg: \$4.39

**\$2.99**



**NOODLES, GOODER.™**

**Goodles**  
Mac & Cheese  
Assorted Flavors  
6 oz Reg: \$4.39

**\$3.29**



**Goodles**  
Mac & Cheese  
Gluten Free  
6 oz Reg: \$5.39

**\$3.99**





**Flavorganics**  
Organic Vanilla Extract  
2 fl oz Reg: \$8.69

**\$5.79**



**Flavorganics**  
Organic Coconut Extract  
2 fl oz Reg: \$6.39

**\$4.79**



**Frontier Natural Products Coop**  
Crushed Red Chili Pepper  
1.2oz Reg: \$4.59

**\$3.29**



**Frontier Natural Products Coop**  
Poultry Seasoning  
1.34 oz Reg: \$4.29

**\$2.99**



**Frontier Natural Products Coop**  
Organic Cayenne Ground  
1.7 oz Reg: \$5.69

**\$3.79**



**Frontier Natural Products Coop**  
Organic Fair Trade Ground Ceylon Cinnamon  
1.76 oz Reg: \$6.69

**\$4.79**



**Frontier Natural Products Coop**  
Ground Smoked Paprika  
1.87 oz Reg: \$6.69

**\$4.79**



**Compostic**  
Compostable Snack Bags  
25 ct Reg: \$4.69

**\$2.99**



**Seventh Generation**  
Disinfecting Multi-Surface Cleaner  
Lemongrass Citrus  
26 fl oz Reg: \$6.49

**\$4.99**



**Ecos**  
All Purpose Cleaner  
Parsley Plus  
22 fl oz Reg: \$4.99

**\$3.79**



**Ecos**  
Hypoallergenic Laundry Detergent  
Magnolia & Lily  
100 fl oz Reg: \$16.69

**\$13.99**



# Bulk Deals



**Bulk Red Quinoa**

#3864 Reg: \$4.29/lb

**\$2.99/lb**



**Bulk Adzuki Beans**

#3000 Reg: \$4.99/lb

**\$3.49/lb**



**Bulk Red Lentils**

#3155 Reg: \$2.99/lb

**\$2.09/lb**



**Bulk Black Chia Seeds**

#3925 Reg: \$5.79/lb

**\$3.99/lb**



**Nancy's Organic Probiotic**

Cream Cheese

8 oz Reg: \$5.19

**\$3.59**



**Nancy's Organic Probiotic**

Sour Cream

8 oz Reg: \$3.29

**\$2.29**



**Green Valley Creamery**

Organic Sour Cream

Lactose Free

12 oz Reg: \$5.19

**\$3.59**



**Green Valley Creamery**

Lactose Free Shredded Cheese

Mexican Blend

6 oz Reg: \$6.09

**\$4.29**

**Nuts For Cheese**

Organic Vegan Cheese Wedges

Assorted Varieties

4.23 oz Reg: \$8.39

**\$5.89**



**A2 Milk**

Whole Milk

A1 Protein Free

59 fl oz Reg: \$5.69

**\$3.99**



**Good Karma**

Flaxmilk + Protein

Vanilla Unsweetened

64 fl oz Reg: \$6.39

**\$4.49**



### Mori-Nu

Tofu  
Soft or Firm  
12oz Reg: \$3.19

**\$2.19**



### Mori-Nu

Organic Soft Tofu  
10.8 oz Reg: \$3.59

**\$2.49**



### Creminelli

Pepperoni Slices  
5 oz Reg: \$5.19

**\$3.89**



### Grillo's Pickles

Pickle de Gallo  
14floz Reg: \$4.99

**\$3.49**



### Grillo's Pickles

Italian Dill Pickle Spears  
32 floz Reg: \$7.59

**\$5.29**



### Grillo's Pickles

Italian Dill Pickle Chips  
16 fl oz Reg: \$5.69

**\$3.99**



**20% off**



**20% off**



### ZHOU

Colostrum Gummies  
60 chews Reg: \$48.99

**\$39.99**



### ZHOU

No Pro Nitric Oxide Boost  
120 ct Reg: \$35.89

**\$28.99**



### ZHOU

Spirulina  
6oz Reg: \$32.09

**\$21.99**

Happy  
Valentine's  
Day



20% off



**Tom's Of Maine**

Wicked Fresh Cool  
Mountain Mint  
Mouthwash  
16 fl oz Reg: \$8.89

**\$5.49**



**Tom's Of Maine**

Toothpaste  
Assorted Varieties  
4 oz Reg: \$8.89-\$9.99

**\$6.29**



**Tom's Of Maine**

Deodorant Stick  
Assorted Scents  
3.25 oz Reg: \$11.69

**\$8.99**



**Life Flo**

Pure Organic Rosehip Oil  
16 fl oz Reg: \$12.79

**\$10.99**



**Life Flo**

Pure Liquid Coconut Oil  
16 fl oz Reg: \$21.39

**\$17.99**



**Life Flo**

Pure Magnesium Oil  
Spray  
8 fl oz Reg: \$13.89

**\$10.99**



**Life Flo**

Magnesium Lotion  
Vanilla Scent  
8 fl oz Reg: \$10.49

**\$9.99**



**Life Flo**

Magnesium Lotion  
Unscented  
8 fl oz Reg: \$11.99

**\$9.99**



**Life Flo**

Pure Magnesium  
Oil Spray  
2 fl oz Reg: \$6.99

**\$5.99**



**Life Flo**

Magnesium Oil  
Sport Roll-on  
3 floz Reg: \$9.99

**\$8.49**

