



5300 Sunset Blvd.  
in Lexington  
803-359-2920  
www.14Carrot.net



May 31<sup>st</sup> - June 27<sup>th</sup>

**Alter Eco**

Organic Chocolate Bar  
Assorted Varieties  
2.82 oz Reg: \$4.39-\$6.29

**\$3.99**



**Hu**

Organic Dark Chocolate Bar  
Assorted Varieties  
2.1 oz Reg: \$5.99

**\$4.19**



**Hu**

Dark Chocolate Bites  
Assorted Varieties  
2.75 oz Reg: \$7.69

**\$5.39**



**Mavuno Harvest**

Organic Dried  
Mango or Pineapple  
Dark Chocolate Dipped  
3 oz Reg: \$4.39-\$4.69

**\$3.29**



**Solely**

Organic Whole Fruit Gummies  
Assorted Flavors  
3.5 oz Reg: \$5.09

**\$4.29**



**Solely**

100% Organic Fruit Jerky  
Assorted Varieties  
.8 oz Reg: \$1.99

**\$1.59**



**Bear**

Real Fruit Roll  
Raspberry or Strawberry  
3.5 oz Reg: \$5.89-\$6.09

**\$4.29**



**Let's Date**

Organic Date Sugar  
12 oz Reg: \$8.79

**\$6.19**



**Sahale Snacks**

Premium Blend Nuts  
Maple Pecans With Walnuts  
4 oz Reg: \$6.69

**\$5.39**



**Otto's Naturals**

Cookie Mix or Brownie Mix  
12.2 oz Reg: \$8.39

**\$6.29**



**Otto's Naturals**

Cassava Flour  
2 lb Reg: \$18.69

**\$15.89**



**Nuco**

Organic Coconut Cereal  
7.05 oz Reg: \$9.59

**\$6.69**



**Simple Mills**

Soft Baked Bars  
Dark Chocolate Almond  
or Nutty Banana Bread  
5.99 oz Reg: \$5.89

**\$4.69**



**BackTo Nature**

Sandwich Cookies  
Assorted Varieties  
9 oz Reg: \$5.59

**\$3.99**



**Back To Nature**

Cookies Fudge Mint or  
Fudge Striped  
5.5 oz Reg: \$6.59

**\$4.69**



### Back To Nature

Organic Saltine  
Crackers  
4 oz Reg: \$5.39

**\$3.79**



### Back To Nature

Crackers  
Assorted Varieties  
6.5 oz Reg: \$4.39

**\$3.09**



### Organicville

Organic Dressing  
Non-Dairy Ranch or Balsamic  
8 fl oz Reg: \$5.85-\$6.69

**\$4.79**



### Organicville

Organic Ketchup  
24 oz Reg: \$5.49

**\$3.99**



### Organicville

Organic Stone  
Ground Mustard  
12 oz Reg: \$3.89

**\$2.79**



### Pirate's Booty

Aged White Cheddar  
Puffs  
4 oz Reg: \$3.79

**\$3.09**



### Epic

Pork Rinds Sea Salt &  
Pepper or Baked  
Himalayan Sea Salt  
2.5 oz Reg: \$4.29

**\$2.99**



### Epic

Pork Rinds Hot & Spicy  
2.5 oz Reg: \$4.69

**\$3.29**



### Epic

Venison Bar Sea Salt+ Pepper  
or Chicken Sriracha Bar  
1.3 oz Reg: \$3.39

**\$2.39**



### Crown Prince

Kipper Snacks or  
Smoked Oysters  
3.25 oz Reg: \$4.19

**\$3.29**



### Epic

Bison Bacon Bites  
or Salmon &  
Maple Bites  
2.5 oz Reg: \$7.69

**\$4.79**



### Epic

Bison Bar Bacon  
Cranberry or Uncured  
Bacon & Pork  
1.3 oz Reg: \$3.39

**\$1.79**



### Wild Planet

Wild Pink Salmon  
6 oz Reg: \$7.89

**\$6.29**



### Wild Planet

Wild Sockeye Salmon  
6 oz Reg: \$11.69

**\$9.39**



### Wild Planet

Wild Skipjack Tuna  
No Salt Added  
5 oz Reg: \$4.49

**\$3.59**



### Wild Planet

Wild Sardines in Water  
with Sea Salt or No Salt  
4.4 oz Reg: \$3.09



**\$2.59**

### Wild Planet

Wild Sardines in Extra  
Virgin Olive Oil  
4.4 oz Reg: \$3.09



**\$2.49**

### Wild Planet

White Anchovies  
in Extra Virgin Olive Oil  
4.4 oz Reg: \$3.19



**\$2.59**

### Wild Planet

Organic Roasted Chicken  
Breast No Salt Added  
5 oz Reg: \$5.69



**\$4.59**

### Sky Valley

Gluten Free Taco Sauce  
13 oz Reg: \$4.49



**\$3.79**

### Vegan Rob's

Dragon Puffs  
3.5 oz Reg: \$3.79



**\$3.09**

### Daiya Foods Inc

Dairy Free Mac & Cheeze  
Assorted Varieties  
10.6 oz Reg: \$5.29



**\$3.69**

### Daiya Foods Inc

Macaroni & Cheese  
Aged Cheddar  
5.5 oz Reg: \$3.99



**\$2.79**

### Daiya Foods Inc

Deluxe CheezeSauce  
Cheddar Style  
14.2 oz Reg: \$7.29



**\$5.09**

### Pur Gum

Gum  
Assorted Flavors  
12.6 gm Reg: \$1.99



**\$1.59**

### Bio Nutrition

Graviola Tea  
30 bags Reg: \$13.99



**\$9.99**

### Four Sigmatic

Mushroom Hot Cacao  
Mix Reishi  
10 ct Reg: \$19.89



**\$13.99**

### Caboo

Bath Tissue Tree Free  
12 ct Reg: \$13.99



**\$11.19**

### Roar Organic

Organic Enhanced Water  
Beverage  
Assorted Flavors  
18 fl oz Reg: \$2.39-\$2.49



**\$1.89**

### Four Sigmatic

Mushroom Coffee Mix  
Assorted Varieties  
10 ct  
Reg: \$18.19-\$19.99



**\$10.49**

## Seventh Generation

Disinfecting Multi-Surface  
Lemongrass Citrus Cleaner  
26 fl oz Reg: \$6.49



**\$5.19**



## Cado

Non-Dairy Avocado  
Frozen Dessert  
Deep Dark Chocolate  
1 pint Reg: \$8.29



**\$6.59**

## Cascadian Farm

Organic Frozen  
Sweet Corn  
16 oz Reg: \$5.19



**\$3.89**

## Cascadian Farm

Organic Frozen Vegetables  
Chinese-Style Stir-fry Blend  
10 oz Reg: \$4.79



**\$3.39**

## Seventh Generation

Dish Soap  
Free & Clear or  
Lavender & Mint  
19 fl oz Reg: \$4.99



**\$4.29**

## Pitaya Foods

Organic Dragon Fruit  
Smoothie Packs  
14 oz Reg: \$7.29



**\$5.89**

## Cascadian Farm

Organic Frozen Blueberries  
8 oz Reg: \$6.49



**\$4.59**

## Cascadian Farm

Organic Frozen Cut  
Green Beans  
16 oz Reg: \$5.39



**\$3.99**

## Annie's Homegrown

Mini Pizza Bagels  
Three Cheese  
6.65 oz Reg: \$7.09



**\$5.29**

## Seventh Generation

Liquid Laundry Detergent  
Free & Clear or Lavender  
90 fl oz Reg: \$18.29



**\$15.59**



## Cascadian Farm

Organic Frozen Harvest  
Berries or Sliced Peaches



**\$4.69**

## Cascadian Farm

Organic Frozen Sweet Peas  
10 oz Reg: \$4.89



**\$3.49**

## Annie's Homegrown

Pizza Poppers Three Cheese  
or Pepperoni  
6.8 oz Reg: \$5.89



**\$4.39**

**Organic Pearled Farro**

#3919 Reg: \$3.49/lb



**\$2.39/lb**

**Organic Hulled Millet**

#3104 Reg: \$2.65/lb



**\$1.89/lb**

**Organic Roasted & Salted Pistachios**

#4045 Reg: \$12.19/lb



**\$8.49/lb**

**Organic Chickpeas/ Garbanzo Beans**

#3060 Reg: \$3.29/lb



**\$2.29/lb**



**Organic Black Chia Seeds**

#3925 Reg: \$5.79/lb



**\$3.99/lb**

**Foodies Vegan**

Organic Pumpkin Seed Tofu  
8 oz Reg: \$6.39



**\$4.49**

**Mori-Nu**

Tofu  
Soft or Firm  
10.8 oz Reg: \$3.19



**\$2.19**

**Mori-Nu**

Organic Soft Tofu  
10.8 oz Reg: \$3.59



**\$2.49**

**Nuts For Cheese**

Organic Vegan Cheese Assorted Flavors  
4.23 oz Reg: \$8.39



**\$5.89**

**Miyoko's Creamery**

Organic Plant Milk Butter Assorted Varieties  
8 oz Reg: \$6.59



**\$4.59**

**Miyoko's Creamery**

Organic Vegan Classic Cream Cheese Plain  
8 oz Reg: \$6.19



**\$4.29**

**Lifeway**

Organic Low Fat Kefir Plain Unsweetened  
32 fl oz Reg: \$7.59



**\$5.29**

**Lifeway**

Lowfat Kefir Shots  
4 ct Reg: \$4.99



**\$3.49**

**Lifeway**

Whole Milk Kefir Peach or Mixed Berry or Plain  
8 fl oz Reg: \$2.79



**\$1.95**

### Malk

Organic Unsweetened  
Coconut Milk  
28 fl oz Reg: \$7.09

**\$4.99**



### Malk

Organic Unsweetened  
Soy Milk  
28 fl oz Reg: \$6.69

**\$4.69**



### GT's Cocoyo

Coconut Living Yogurt  
Assorted Varieties  
8 fl oz Reg: \$6.99

**\$4.89**



### Koia

Plant-Based Protein Shake  
Elite Chocolate or  
Cookies 'n' Creme  
12 fl oz Reg: \$4.59

**\$3.19**



**30%off**



**25%off**



**20%off**



**20%off**



**20%off**

### Acure

Dry Shampoo  
Brunette to Dark Hair  
1.7 oz Reg: \$9.99

**\$7.49**



### Acure

Shampoo and Conditioner  
Assorted Varieties  
8 fl oz Reg: \$8.99

**\$6.29**



### Acure

Dry Shampoo  
All Hair Types  
1.7 oz Reg: \$9.99

**\$7.49**



**Acure**

Revitabond  
Support Hair Mask  
or Conditioner  
5 fl oz Reg: \$13.79



**\$9.99**

**Acure**

Revitabond Shampoo  
or Conditioner  
8.5 fl oz Reg: \$12.89



**\$9.49**

**Dr. Bronner's**

Organic Lavender Liquid  
Soap with Pump  
12 fl oz Reg: \$10.99



**\$8.99**

**Dr. Bronner's**

Organic Castile Bar Soap  
Assorted Varieties  
5 oz Reg: \$4.89



**\$3.99**

**Dr. Bronner's**

Organic Shaving Gel or Soap  
Assorted Varieties  
7 oz Reg: \$10.99



**\$8.99**

**The Grandpa Soap Co.**

Wonder Pine Tar Soap  
3.25 fl oz Reg: \$4.59



**\$3.29**

**The Grandpa Soap Co.**

Shampoo or Conditioner  
Pine Tar  
8 fl oz Reg: \$9.99



**\$6.79**

**The Grandpa Soap Co.**

Bar Soap  
Witch Hazel or Oatmeal  
4.25 fl oz Reg: \$5.09



**\$3.49**

**The Grandpa Soap Co.**

Thylox Soap  
Acne Treatment  
3.25 fl oz Reg: \$6.99



**\$4.49**

**The Grandpa Soap Co.**

Pine Tar Body Wash  
8 fl oz Reg: \$10.59



**\$7.49**

produce  
**SALE**

**Every Thursday and Sunday 1pm to 5pm**

